IN THE CLAIMS

Please cancel claims 1-17 without prejudice and add the following claims:
1-17. (Canceled)

- 18. (New) A method for separating squalenes, carotenes, tocols, and sterols from a vegetable oil under isocratic conditions, comprising the steps of:
- a) esterifying the vegetable oil with an alcohol to provide a first mixture comprising glycerol, fatty acid esters, and the squalenes, carotenes, tocols, and sterols;
- b) separating the glycerol from the fatty acids and the squalenes, carotenes, tocols, and sterols to provide a second mixture comprising the fatty acids and the squalenes, carotenes, tocols, and sterols;
- c) distilling the second mixture at a temperature ranging from room temperature to 200°C and a pressure ranging from 0 to 150 mm Torr to provide a concentrate comprising squalenes, carotenes, tocols and sterols;
- d) diluting the concentrate in a non-polar solvent or a mixture of non-polar solvent and a polar solvent wherein the ratio of non-polar solvent to polar solvent ranges from 90:10 to 99.5:0.5;
- e) adsorbing the squalenes, carotenes, tocols, and sterols in the diluted concentrate obtained in step (d) on an adsorbent;
- f) desorbing the minor components from the absorbent at a pressure from 0.2 to 50 bar using a non-polar solvent or a mixture of non-polar solvent and a polar solvent wherein the ratio of the non-polar solvent to the polar solvent ranges from 90:10 to 99.5:0.5 to provide the squalenes, carotenes, tocols, and sterols.
 - 19. (New) The method of claim 18, wherein the vegetable oil is palm oil.
- 20. (New) The method of claim 18, wherein the alcohol used in step (a) is selected from the group consisting of methanol, ethanol, iso-propanol, and butanol.

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- 21. (New) The method of claim 18, wherein the adsorbents used in step (e) is selected the group consisting of normal-phase silica gel, reversed-phase silica gel, neutral alumina, and polymer adsorbents.
- 22. (New) The method of claim 18, wherein the non-polar solvent selected from the group consisting of hexane, heptane, dichloromethane, cyclohexane, petroleum ether, ethyl acetate, isooctane, and cyclohexane.
- 23. (New) The method of claim 18, wherein the polar solvent selected from the group consisting of ethanol, isopropanol, methanol, butanol or acetonitrile.
- 24. (New) A method for separating individual carotenes, individual tocols, or individual sterols from vegetable oil comprising the steps of
 - a) adsorbing vegetable oil on an adsorbent; and
- b) desorbing the individual carotenes, tocols, and sterols from the adsorbent using a mixture of polar and non-polar solvents;

wherein steps (a) and (b) are performed under isocratic and isobaric conditions at a pressure ranging from 0.2 - 1000 bar.

- 25. (New) The method of claim 24, further comprising concentrating the vegetable oil or obtaining a phytonutrients rich-fraction from vegetable oil.
 - 26. (New) The method of claim 24, wherein the vegetable oil is palm oil.
- 27. (New) The method of claim 24, wherein the adsorbent is selected from the group consisting of normal phase silica gel, reversed-phase silica gel, neutral alumina, and polymer adsorbents.
- 28. (New) The method of claim 24, wherein the non-polar solvent is selected from the group consisting of hexane, heptane, ethyl acetate, isooctane, and cyclohexane.
- 29. (New) The method of claim 24, wherein the polar solvent is selected from the group consisting of ethanol, iso-propanol, methanol, and buthanol.

- 30. (New) A method for isolating individual carotenes, individual tocols, and individual sterols from a mixture comprising squalenes, carotenes, tocols, and sterols comprising the steps of:
- a) esterifying the mixture with an alcohol to provide a second mixture comprising glycerol, fatty acids esters, and the individual carotenes, individual tocols, and individual sterols;
- b) separating the glycerol from the second mixture to provide a third mixture comprising the fatty acid esters and the individual carotenes, individual tocols, and individual sterols;
- c) distilling the third mixture at a temperature ranging from room temperature to 200°C and a pressure ranging from 0 to 150 mm Torr to provide a concentrate comprising squalenes, carotenes, tocols, and sterols;
- d) diluting the concentrate in a non-polar solvent or a mixture of a non-polar solvent and a polar solvent wherein the ratio of the non-polar solvent to the polar solvent ranges from 90:10 to 99.5:0.5;
- e) adsorbing the individual carotenes, individual tocols, and individual sterols of the concentrate obtained from step (d) on an adsorbent;
- f) desorbing the individual carotenes, individual tocols, and individual sterols from the adsorbent at a pressure from 0.2 to 50 bar using a non-polar solvent or a mixture of a non-polar solvent and a polar solvent wherin the ratio of the non-polar solvent to the polar solvent ranges from 90:10 to 99.5:0.5 to provide a fraction containing the individual carotenes, a fraction containing the individual tocols, and a fraction containing the individual sterols;
- g) obtaining individual carotenes, individual tocols, or individual sterols by absorbing the fraction containing the individual carotenes, the fraction containing the individual tocols, or the fraction containing the individual sterols on a second absorbent and desorbing the individual carotenes, individual tocols, or individual sterols from the second absorbent using a mixture of polar and non-polar solvents, wherein the absorbing and

desorbing are performed under isocratic and isobaric conditions at a pressure ranging from 0.2 - 1000 bar

- 31. (New) The method of claim 30, wherein the individual carotenes are selected from the group consisting of β -caroteme, α -carotene, lycopene, phytoene, and phytofluene; the individual tocols are selected from the group consisting of α -tocopherol, γ -tocopherol, and δ -tocopherol, and the individual sterol is β -sitosterol.
- 32. (New) The method of claim 30, wherein the mixture comprising squalenes, carotenes, tocols, and sterols is a vegetable oil.
 - 33. (New) The method of claim 30, wherein the vegetable oil is palm oil.
- 34. (New) The method of claim 30, wherein the second adsorbent is selected from the group consisting of normal-phase silica gel, reversed-phase silica gel, neutral alumina, and polymer adsorbents.
- 35. (New) The method of claim 30, wherein the non-polar solvent for step (2) is selected from hexane, heptane, ethyl acetate, isooctane or petroleum ether.
- 36. The method of claim 30, wherein the polar solvent used in step (g) is selected from the group consisting of ethanol, isopropanol, methanol, butanol, ethyl acetate, and acetonitrile.

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